

## Barriers to change

Making changes is very difficult for those in generational poverty. The following table lists the barriers to change that helping agencies will need to address to improve outcomes with people in poverty.

Barriers Generated by Poverty	Barriers Generated by Family and Social Networks	Barriers Generated by Community Providers	Barriers Generated by Society
Crisis/survival/reactive mode lifestyle  Living in the moment  Low resources  Polarized thinking  Fatedness  Not knowing how to plan  Cognitive problems  Co-existing problems  Not knowing the hidden rules of other classes  Fear of losing others  Fear of giving up identity  Distrust of institutions	Resistance and sabotage by family and friends  Penance/forgiveness discipline patterns  Low social capital  The need to earn respect of one's peers  Not knowing the hidden rules of economic class	Program theory based on middle-class mindsets  Clients perceived as "needy" recipients  Middle-class "noise"  Talents, skills, and abilities unrecognized  Organizational change difficult  Departmental thinking and planning	Departmental thinking and planning  Distrust of people in poverty  Acceptance of those who exploit the weakest members of society  Acceptance of high levels of poverty